

Our Voice



The Team



What Are We?

- We are a Parent/Carer Forum: a parent led organisation working with families with children who have a SEND within their LA
- We aim to improve services for our families in Enfield by collaborating with the LA, Health, as well as local and national Voluntary Sector Organisations and Schools
- We are funded by the Department for Education via Contact (a national charity) but most of us work on a voluntary basis
- We are also a part of the national organisation, the National Network for Parent Carer Forums

Our Voice



What Do We Do?



We support families by

- Listening to you
- We represent you when working with the statutory agencies and voluntary sector, provide a “bridge or connection”
- We network regionally and nationally
- We provide informal advice and information
- We provide training and opportunities to network
- But we can’t “lobby!”

Our Voice

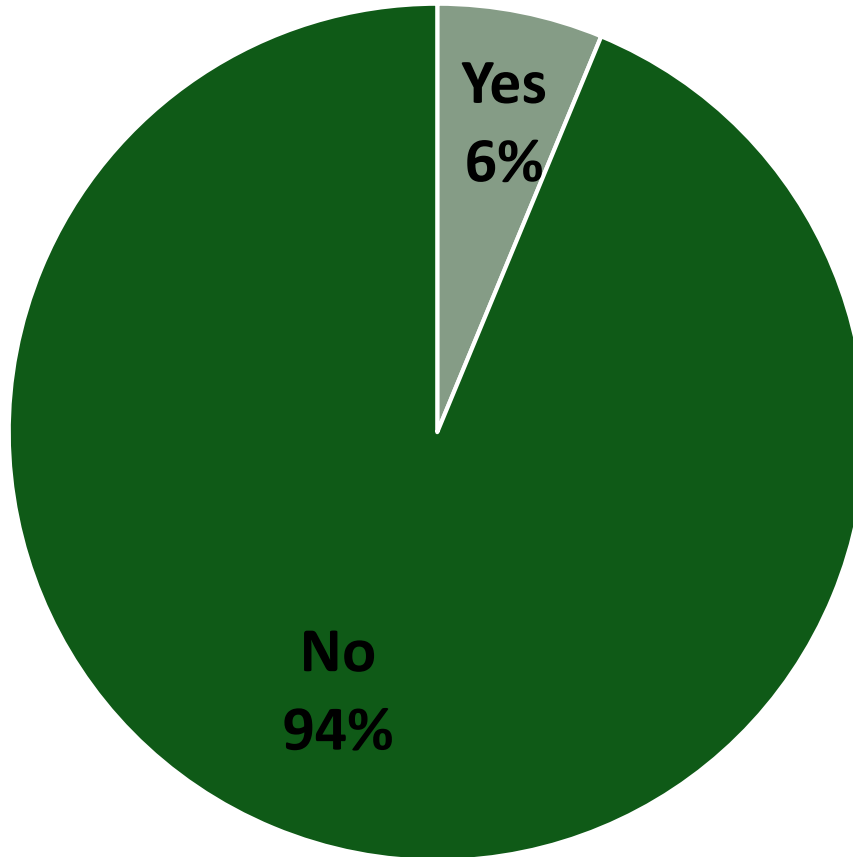


The National Picture

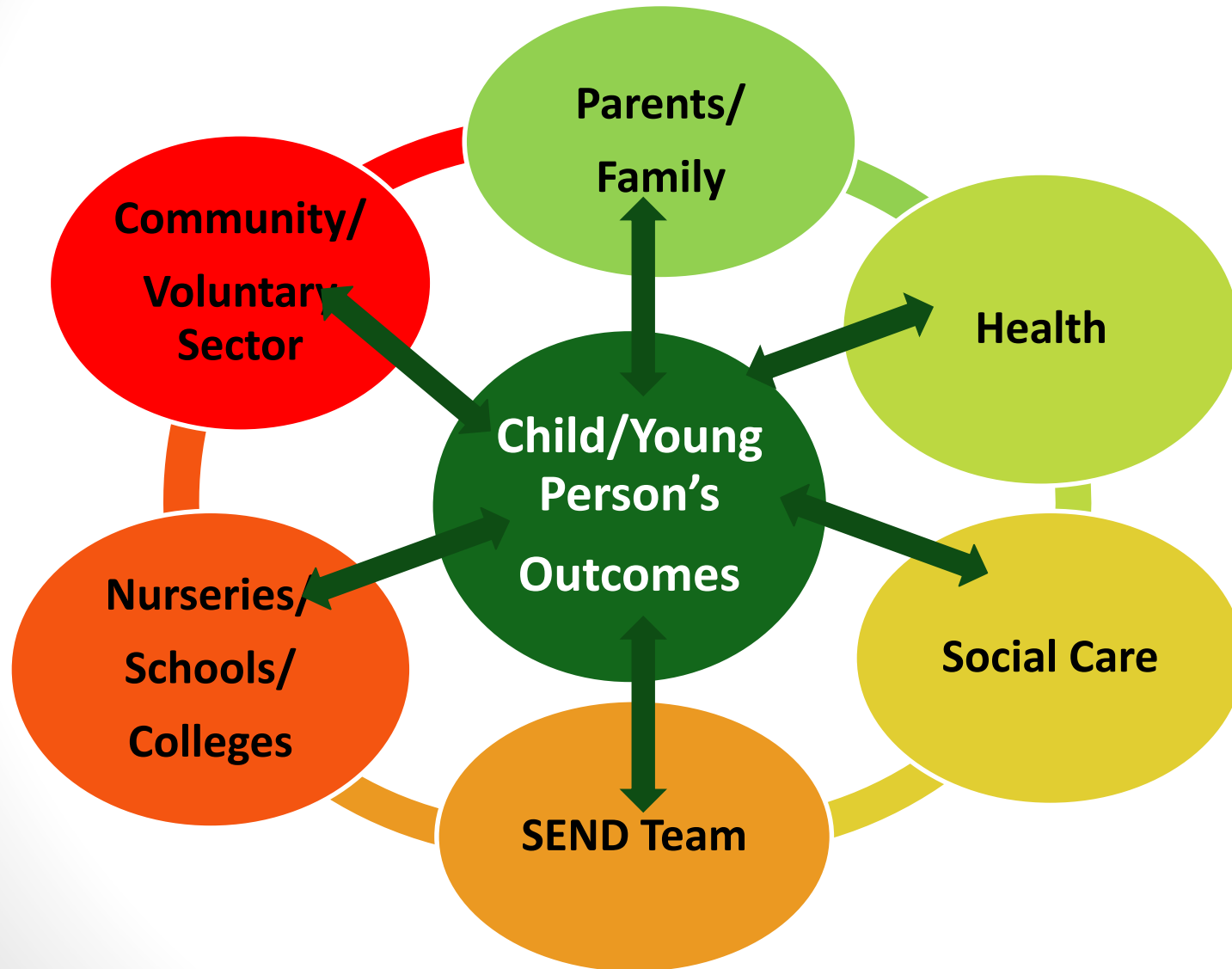
“Right Reforms, Wrong Climate”

- Requires significant investment
- Requires a change in culture and mind set across the country (which will take years)
- Need more “trained” staff
- All groups to be on board, consistently

Do you think there is sufficient funding to meet local needs through the high needs funding block



So the need to focus on “Joint Working” is even greater



The key to working well together

- Effective and committed leadership
- Shared vision and purpose
- Involve ALL groups affected
- Understand each others' perspectives
- Compromise
- Be open-minded
- Have a “can do attitude”

We all share a common vision

It's about improving the lives of our children as much as possible (so they can all be super heroes!)



Our Last Conference...

You said...

It was so interesting so

- Hold one every year
- Provide more time
- Include schools
- Information to be more transparent
- You wanted more info on Post 16

We did...

We listened...

- Here we are (still)!
- Over 2 days (thanks to the Angle House Foundation)
- We have school reps attending tomorrow
- Leader of the Council talking about the budget
- Focus on new developments
- We have invited Adult Social Care to talk

Structure of today...

9.30 – 10	Registration		
10 – 11.15	Introductory presentations	<p>Introduction from Our Voice Chair and the Director of Children and Family Services.</p> <p>Service Area Heads will each give a brief presentation on developments in their area (see detail on next page)</p>	
11.15 – 11.45	Panel Q&A session	Panel of all Service Area Heads will respond to questions from parents and carers.	
11.45 – 12.00	Coffee break		
12.00 – 1.00	Choice of two Workshops each including time for group discussion (detail on page 2)	<p>Positive Behaviour Support</p> <p>OR</p> <p>Finding SEND information (the 'Local Offer')</p>	One-to-one sessions will run alongside the workshops
1.00- 1.30	Lunch break		
1.30 – 2.30	Choice of two workshops each including time for group discussion (detail on page 2)	<p>Speech and Language</p> <p>OR</p> <p>Moving on (for parents of children aged 14 and over).</p>	One-to-one sessions will run alongside the workshops

Anne Stoker

Director of Children and Family Services and Principal Social Worker

Our Voice Conference
5th February 2019

www.enfield.gov.uk

Striving for excellence



Joint Service for Disabled Children

Janet Leach
Head of Service

www.enfield.gov.uk

Striving for excellence



Overview & What's New

- Available to those who meet the eligibility criteria
- Information about JSDC is on the Local Offer
- 700 children & young people are supported by the JSDC through short breaks and family support services

We are working with parent/carer forums and young people to continue to develop a menu of options – To promote family resilience

- Access to early years support – key workers – stay and play sessions
- Short break grants – personal budgets
- Positive Behaviour Support
- Sleep programmes
- Post 16 Study programmes – Supported Internships
- Health Passports
- Work with Housing
- SEND Partnership Board





Transition from childhood to adulthood

Integrated Learning Disabilities Service – Health & Adult Social Care

Our Voice Conference
5th February 2019

www.enfield.gov.uk

Striving for excellence



Adult social care services

- Adult social care services are available to people who have assessed needs under the Care Act 2014
- Not all young people with EHCPs will be eligible – support is targeted at those with most need
- We work with colleagues in Childrens' Services to undertake transition/Moving On Assessment for young people who may need support from ASC
- We work with young people and their families to draw up Care & Support Plans and personal budgets

2019 Update

- We continue to run a series of Moving On information events



Transition from childhood to adulthood

- We are working closely with Children's services and the NHS to prevent young people from being admitted to hospital or residential educational placements due to challenging behaviour
- We continue to support people with learning disabilities to live locally in supported living accommodation and to be as independent as possible
- Some new supported housing options have come on stream, working with partners – Drapers Road

- Currently approx 16% of our service user group are in some form of employment – a key priority
- Increase number of Annual Health Checks
- Improving health outcomes for adults 18+ with learning disabilities
- Increasing numbers of people receiving direct payments

Transport

5th February 2019

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Transport – One Team, Three elements

- **SEND** - travel assistance eligibility, process applications
- **Brokerage Travel Assistance** – meet parents, assess needs and best fit assistance
- **People Transport** – direct transport when required

Transport Assistance Types

Personal budget via a Direct Payments for:

- **Oyster card/ travel pass**
- **Mileage/Petrol**
- **Before & After School Clubs**
- **Escort**
- **Taxi**
- **Home relocation (only applicable to people living in temporary accommodation/private rent or council housing)**
- **Council provided direct transport**
- **Independent travel training**

Direct transport - 730 Children
60 Council Vehicles, 133 contractors vehicles

ITT - 29 Children
Independent travel training

PTB - 86 Children
Personal transport budgets

Changes

- Council Fleet renewed and expanded in last six months
- Adults transport moved to IWE
- Contract cancelled with largest contractor

But most importantly

Pending new Transport Policy – we want you to have your say – consultation open until 1st March 2019

Go to google or similar

Type in

“Travel Assistance Policy Consultation Enfield”

Health update 2019

focus on new developments



Physiotherapy and Occupational Therapy

- **Children and young People with Hypermobility**

Affects 20%-30% of Musculoskeletal referrals

Evidence based intervention including pain and fatigue management ,managing anxiety ,physical and postural therapy including personalised self management toolkit

Treatment outcomes : Effectiveness in stability of the condition , high levels of reported well being and improvement in physical fitness

- **Developmental Coordination Disorder Profile (6% Prevalence)**

Motor coordination clinical pathway inclusive of a Leisure program to ensure improvement in quality of life

2 Football teams with Enfield football club

Bike Club with Cycle Confident and Swimming Group with Active Enfield



Nursing Play and Bereavement

From 5 to 6 Siblings Group (15 siblings per group)

From 2 to 3 Family Gatherings

Memory Day at Chicken Shed for bereaved children and families

4 Bereaved Parents Group

Bereaved Siblings Group starting in 2019

lisa.dodd4@nhs.net



Dietetics



'BEAR NECESSITIES', OAKTREE SCHOOL:

- 6 week programme, focused on weight management for children and young people aged 9-19 years and their families.
- Cohort 1 - At 6 weeks 75% of participants had lost or maintained weight.
- Cohort 2 - Delivered with support from school nursing and Improving Access to Psychological Therapies (IAPT). 75% of participants had lost or maintained weight at 6 weeks.
- Cohort 3 - Planned for Spring 2019. Future plans to roll out at Durants School.



TALKING MATS:

- An interactive resource to facilitate discussion with children who have communication difficulties.
- This communication tool has been incorporated into dietetic assessment, to help understand children's food likes and dislikes and facilitate patient centred treatment plans.



Joint working with CAMHS and SLT in the Child Development Service

A small initial pilot with Clinical Psychology and SLT in the management of children who have behavioural issues with food and food aversion

- The aim is to support children to improve their acceptance of food and in other cases, reduce dependence on tube feeding.

Speech and Language

Early Years

Positive Beginnings :Parent mediated intervention for toddlers with social communication disorders

First pilot _ 8 Toddlers and parents between 12 months and 24 months

Continuing to deliver Hanen More Than Words program : 13 week parent based program for children who are likely to be diagnosed as Autism

High level of Satisfaction and Outcomes

School Age Offer in Mainstream

Assessment of Needs and Interventions for all CYP with an Education Health and Care Plan

Early Help through Clinical Lead school based intervention pathway

Assessment and Intervention for CYP with Primary Health Needs

Training for schools at no charge

Traded offer

Voice of The Child Project with Our Voice



Barnet, Enfield and Haringey



Mental Health NHS Trust

Introduction to

NHS Child & Adolescent Mental Health Services

(Enfield CAMHS)

Natalija Lytrides, CAMHS Service Manager

Dr Khushbu Haria, Team Manager (Generic/NDS) & Counselling Psychologist

February 2019



Barnet, Enfield and Haringey



Mental Health NHS Trust

Enfield CAMHS Overview

Specialist community mental health NHS service (Tier 3) offering assessment and treatment of serious mental health concerns

Age up to 18th birthday

Registered with an Enfield GP

Our teams comprise a range of highly experienced CAMHS clinical professionals

- Psychiatrists
- Clinical and Counselling Psychologists
- Family Therapists
- Registered Mental Health Nurses
- Child and Adolescent Psychotherapists

Clinicians are trained in a range of evidence based interventions around the individual needs of the young person.



Problems appropriate for consideration by CAMHS

Moderate to severe Mood Disorders (e.g. depression)

Anxiety Disorders (Post-Traumatic Stress Disorder, Obsessive compulsive disorder, Generalised Anxiety Disorder, Separation Anxiety)

Deliberate Self-Harm - Risks need to be clearly described

Psychosis

Somatisation Disorders, Hypochondriasis, Dissociative Disorders

Eating problems and Eating Disorders (Anorexia and Bulimia)

Tourette's Syndrome and Complex Tic Disorders

Autistic Spectrum Disorders

ADHD/ ADD symptoms

Behaviour problems and Conduct Disorders

Moderate to severe sleep difficulties

Complex bereavement

Significant learning disability with co-morbidity of enduring, severe challenging behaviour or mental health problems

**Moderate to severe mental health issues which are complex, severe and enduring
& which persist where other interventions may first have been explored**



BEH Enfield CAMHS Teams

Generic & Neurodevelopmental CAMHS Team

Dr Khushbu Haria, Team Manager & Counselling Psychologist

Largest team based at Charles Babbage House co-located with Educational Psychology and Social Care

Provides mental health assessment and treatment of children and young people with severe emotional and behavioural difficulties.

The service offers a range of individual, family and group based interventions. The service also screens for Neurodevelopmental concerns (Autism, ADHD) where there are co-existing mental health concerns.

Currently piloting a new screening process designed to improve access to services. CAMHS Access provides a central point of referral for professionals to refer young people with mental health concerns. These referrals are then discussed with the young person, their family, or the referrer and directed to the most appropriate CAMHS pathway or signposted.



BEH Enfield CAMHS Teams

Service for Adolescents and Families in Enfield (SAFE) & Alliance

Cate Young, Team Manager SAFE , Alliance & Social Care Liaison

Based at St Andrews Court opposite Enfield Town Station

SAFE & Alliance is the specialist mental health adolescent and crisis team providing rapid and flexible response to urgent and acute problems, including self-harm and severe mental health crises.

The team also offer assertive outreach community Nursing interventions and hospital assessment service.



BEH Enfield CAMHS Service Lines

Service for Complex & Additional Needs (SCAN) for CYP attending special schools with severe learning disabilities and neuro-developmental disorders, where the degree of impairment is coupled with mental health problems.

The Health, Education, Access and Resource Team (HEART) offers a range of services to improve the emotional wellbeing of looked after children working closely with the adoptions and fostering service. Including consultation for carers and professional staff, and to support therapeutic fostering relationships.

Other CAMHS services include:

Youth Offending Service

Liaison & Diversion

CCTT

Family Assessment Centre

Social Care Liaison

CDT



How to access a CAMHS team

CAMHS is not an emergency service – CYP in acute crisis or in immediate need of mental health support must go to A&E

Comprehensive referral from GP or any professional working with CYP

- the referral must be thorough and include risks and details of what interventions have already been tried (school counsellors, health visitors or community groups)

We usually need the consent from the parent/carer for the referral

We do not accept self referral at this time

We will be looking for significant impairment on young persons functioning and possible risk issues

We work with our partners in Enfield, and will signpost the referrer to other services where the referral is sub-threshold for CAMHS and the needs can be met by other community service.



CYP who may be helped by other services

- Cognitive &/or educational assessments – Educational Psychology
- Dyspraxia – Occupational Therapy
- Serious concerns about safety due to neglect/abuse or exploitation – Social Care
- Substance misuse – Drug and alcohol services
- Learning difficulties / disabilities without co-morbid MH problems – school
- Preschool behavioural concerns (Sleep, tantrums) – Health visiting
- Medical condition – GP who can refer to paediatrician
- Neurodevelopmental concerns (Autism/ADHD) in under 6s – GP who can refer to CDT
- Concerns principally related to parenting – Parent support service
- Behavioural concerns in school – SENCO who can liaise with Behaviour support service / Educational Psychologists
- Where parents are involved in legal disputes – Family Mediation service

Young people aged 16 or over with mild/moderate anxiety or depression can refer themselves to IAPT



Contact CAMHS

Generic & NDS Charles Babbage House, 1 Orton Grove, Enfield. EN1 4TU
Tel: 0208 379 1520 **Email:** beh-tr.EnfieldCAMHS@nhs.net

SAFE & Alliance 2nd Floor, St Andrews Court, 1-4 River Front, Enfield. EN1 3SY
Tel: 0208 379 2090 **Email:** beh-tr.EnfieldCAMHSSAFE@nhs.net

SCAN & Cedar House, St Michael's Hospital, Gater Drive, Enfield. EN1 0JB

CDT **Tel:** 0208 375 2806 **Email:** beh-tr.EnfieldCAMHSSCAN@nhs.net
Email: beh-tr.EnfieldCAMHSCDT@nhs.net

HEART Looked After Children Team. Triangle House. 305-313 Green Lanes,
Palmers Green. Enfield N13 4YB
Tel: 0208 379 8200 **Email:** beh-tr.EnfieldCAMHSHEART@nhs.net

BEHMHT CAMHS website: www.behcamhs.nhs.uk/

Referral form: <http://www.behcamhs.nhs.uk/professionals/>



Schools and Early Years Improvement Services

Gillian Douglas



SEND Strategy

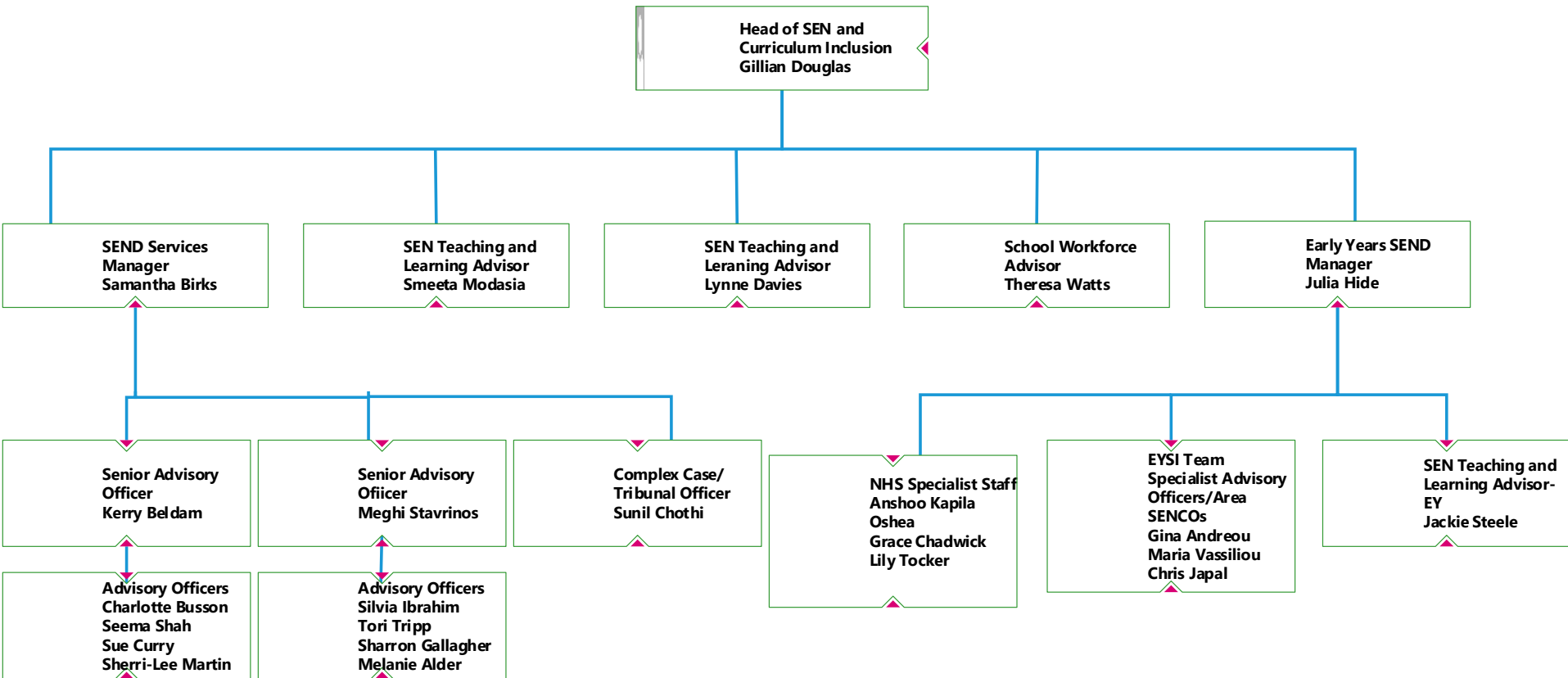
“I am determined that we ensure that all our children and young people are safe, confident and happy, with opportunities available to them to reach their full potential as adults and contribute positively to life in our borough for many years.”

(Cllr Achilleas Georgiou

Cabinet Member for Children’s Services

Enfield Council)

SEND Services and the SEN Teaching and Learning Advisors now sit within School and Early Years Improvement Services



SEND Service and priorities

- Ensure that at least 70% of EHCPs are issued within the statutory time frame (first step)
- Raise the profile and efficiency of the SEND Service – communication and response
- Letter to parents explaining possible delay
- Review of EHCP format –PFA outcomes
- Programme for Annual Reviews (?)

Curriculum Inclusion priorities

- Increase the in-borough provision for SEND pupils within the LA –Special Schools, Satellite provision, Supported ARP, mainstream ARP, Intervention groups, and Mainstream provision
- Reduce the number of pupils educated OOB
- Strengthening collaborative working between sectors
- Inclusion and Exclusion awareness

Enfield Educational Psychology & Emotional Well-being Service

Suzy Francis – Head of EPS&EWBS
Lauren Taylor – Senior EP for Autism
Neerose Ubha – Senior EP for SEMH
Rachel Friend – Senior EP for PFA
Sara Bierer – Senior EP for Early Years
Jose Negrin – CP & Clinical Lead for SEWS



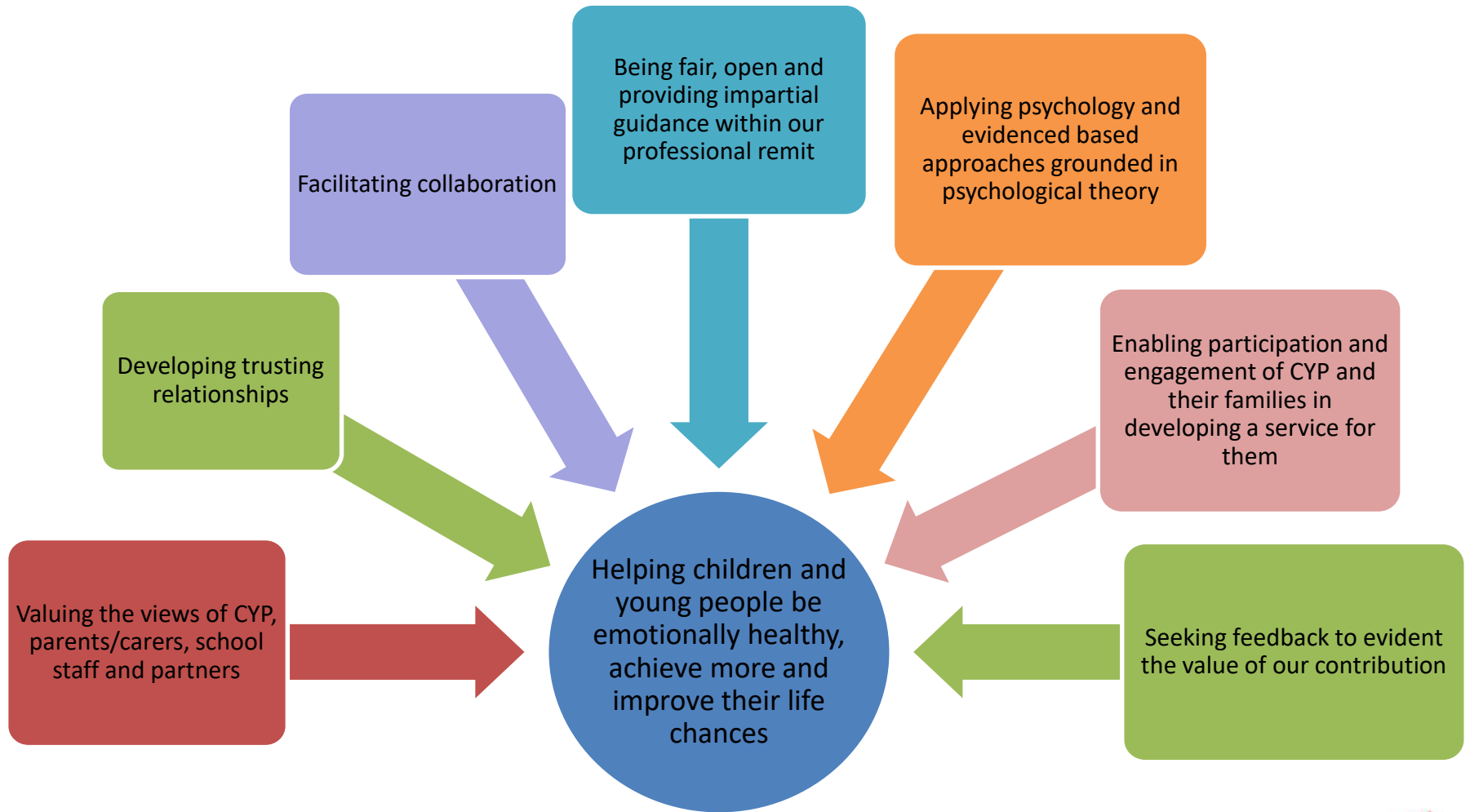
Enfield Educational Psychology & Emotional Well-being Service

Outline:

- Schools Emotional Wellbeing Service (SEWS)
- Sandwell Chartermark
- Specific Learning Difficulties and Dyslexia

Guidance

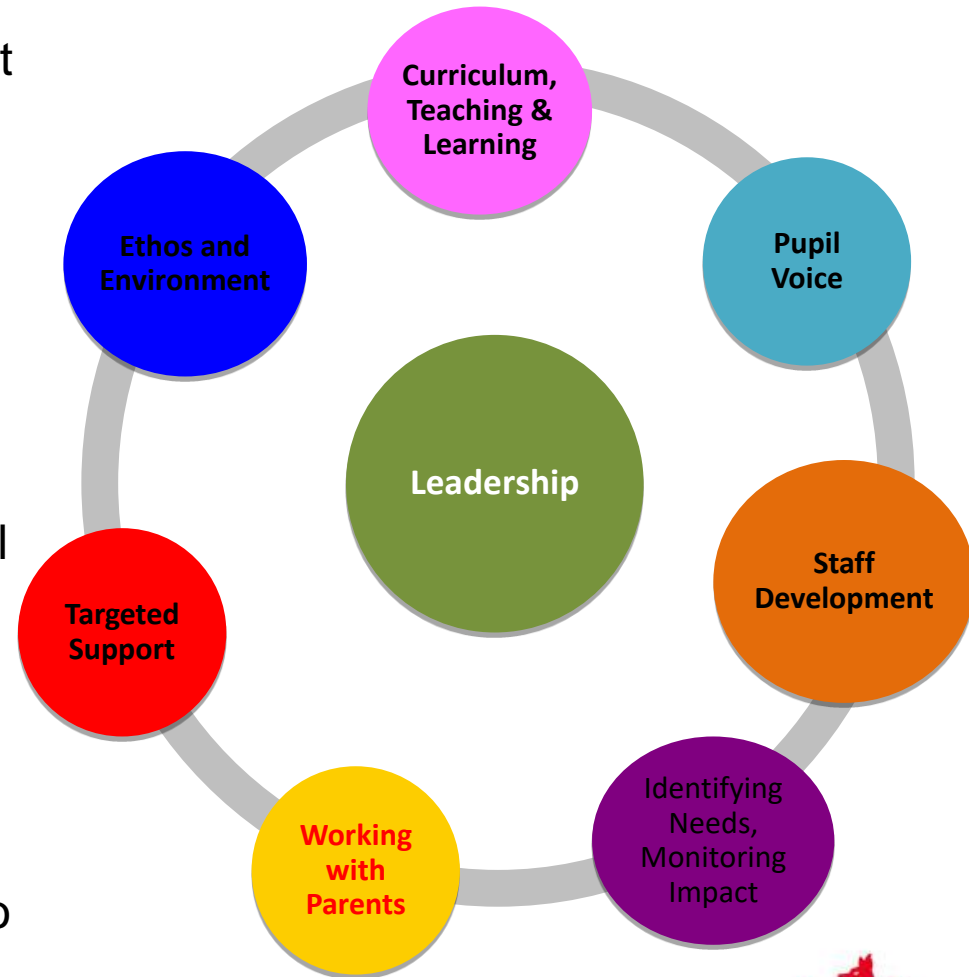
Schools Emotional Wellbeing Service (SEWS)



Sandwell Chartermark

8 principles have been identified as being key to emotional health and well-being in schools:

- The Sandwell Well-being Charter Mark supports schools to think about the well-being of their whole school community.
- Using an action research approach established from Public Health England's research into well-being, the charter mark seeks to celebrate the ways schools support the mental health of their community and helps to identify areas for growth.
- Enfield Educational Psychology Service and partners are working with 9 schools across the borough to deliver the charter mark, including Primary, Secondary and Special schools.



Specific Learning Difficulties (SpLD) and Dyslexia Guidance

Its on the [‘How schools support children and young people with SEND’](#) page of Enfield’s Local Offer

Key themes:

- Identification (not diagnosis) of SpLD
 - Dyslexia, Dyscalculia, Developmental Coordination Disorder/Dyspraxia, Developmental Language Disorder
- Reasonable adjustments
- School graduated response to assessment and intervention
- Specialist support and advice – e.g. EP



Panel Question Time

5th February 2019

info@ourvoiceenfield.org.uk

www.ourvoiceenfield.org.uk

Questions?



Finally, how we can help you...

- Provide informal advice and guidance to parents on a variety of issues
- Attend Coffee morning sessions at school
- Deliver Training/work shops. E.g.
 - Free In-class Disability Awareness sessions aimed at KS2 pupils and above
 - SEND information sessions
 - Sleep work shops
 - Positive Behaviour Support
 - Coaching for employment – top tips for our children
- You can contact us on 0751 6662315

Email info@ourvoiceenfield.org.uk

www.ourvoiceenfield.org.uk

Our Voice



Let's keep working together



See you all again tomorrow

Setting a sustainable and
resilient budget 2019/20
and future years

Council Leader

Councillor Nesil Caliskan